About the EAWCP

The Epilepsy Association of Western and Central PA (EAWCP) is a private, nonprofit service organization providing public education and supportive services to individuals and families affected by seizure disorders.

Established in 1972, the EAWCP offers programs and services to residents throughout western and central Pennsylvania. We are the only organization in this territory dedicated to serving the roughly 100,000 people in our region who are living with epilepsy/seizure disorders.

By providing support and services, the EAWCP endeavors to improve the quality of life for persons with epilepsy/seizure disorders, and to dispel the myths, stigmas, and misunderstandings associated with epilepsy.

Did you know?

Your brain is full of billions of brain cells called neurons. These neurons send electrical messages to each other to make you think, move, and do everything else the brain is responsible for. If your neurons start sending messages all at once, that can cause a seizure to occur.

Our new logo is inspired by this and features a stylized representation of a neuron.
2018 brought with it a huge opportunity for us to recommit to providing local programs and services to people affected by epilepsy.

While we understand the value of research, we also know that people need help dealing with the repercussions of epilepsy now, today. So our organization, formerly known as the Epilepsy Foundation Western/Central Pennsylvania, left the national organization and we have rebranded as the Epilepsy Association of Western and Central PA. **We are committed to helping individuals in our region who live with epilepsy to live life without compromise.** To that end, we are retaining all of the amazing programs and services people have come to expect from us, as well as launching new programs and reaching new audiences.

As always, we are eternally grateful to those who lend their time, talent, and financial resources to our mission. We pledge that 100% of your dollars donated stay local to help local individuals and families, and to support our mission.

Your help will allow us to continue to grow and ensure programs and services are available to individuals and families for years to come!

We look forward to 2019 with excitement!

**Peggy Beem-Jelley**
President and CEO

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**Staff**

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EAWCP Programs and Services

We offer support groups to connect adults living with epilepsy.

**Camp Frog** is a week-long overnight camp for 8-17 year olds with epilepsy in a traditional summer camp setting. **Camp Firefly** is a weekend camp for 11-18 year olds with epilepsy and more complex medical needs.

We host educational events throughout the year in western and central Pennsylvania covering topics like treatment options, special education, and more.

If you find yourself running low on your anti-seizure medication with no way to pay for your next refill, contact us to see if you are eligible for emergency medication assistance.

Our experienced and knowledgeable staff can provide you with a variety of supportive and educational services for you and your family as well as provide you with customized, one-on-one support.

On top of customized support, our staff can provide you with community resources and referrals to connect you with even more programs and services near you.

Do you want to make your voice heard and share your epilepsy story with your local legislator? We can help you learn how to be a legislative advocate.

We can provide you with a free, customized wallet medical ID card and help you to find the ID bracelet right for you.

There is a lot to learn about seizure response dogs. We can help you start your search and determine if you might be a candidate for the Oscar Project.

Sometimes support groups aren’t personal enough. We can connect you with individuals in similar situations near you.

Take advantage of our free lending library which includes books on a wide range of epilepsy topics.

Respite is temporary relief for family/caregivers from caring for an individual with special needs. Our CareShare respite care program supports up to 25 hours of free, temporary respite.

High school seniors in western and central PA living with epilepsy/seizure disorder that have been accepted into a postsecondary academic or vocational program are encouraged to apply for scholarships ranging from $1,000 to $1,500.

Seizure monitors are devices that can alert caregivers to seizure activity, specifically tonic-clonic seizures. We can help you to find the monitor right for you and identify potential funding options.

**Project School Alert** is a free program that offers seizure recognition and response training to school nurses, school personnel, students of all ages, first responders, and community organizations. Presentations are tailored to different audiences.

We host social events throughout the year for children, adults, families, and friends living with epilepsy to relax and socialize.

If your child is struggling in school, our experienced staff can support you with special education services such as 504 Plans, Individualized Education Plans, Seizure Action Plans, and more.

**Transition**-aged teens (14+) should start taking charge of their future and we can help. We offer youth leadership programs to educate teens on how to advocate for themselves and how to take an active role when transitioning to adult healthcare.

Sometimes you don’t know what you need help with, and that’s ok. Just give us a call and we can talk you through what programs, services, and community resources may be right for you. We are here to help.
Find additional information about the reach of our programs and services on the side bar of each subsequent page of this report.
Camp Frog

Camp Frog is a nationally-recognized camp program for children ages 8-17 who have a primary diagnosis of epilepsy. Our program places extra supportive and medical services into existing YMCA summer camp programs, allowing children who have seizures to enjoy summer camp just like their peers. The EAWCP provides counselors in the cabins along with the campsites’ program staff. All of the camp staff is fully trained in seizure recognition and response by the EAWCP.

Two separate week-long overnight sessions are held each summer. The first session of Camp Frog was held at Camp Conrad Weiser in Wernersville, PA, June 17-23 and the second session was held at Camp Fitch in North Springfield, PA, June 24-30.

Camp Firefly

Camp Firefly is a weekend camp experience offered in the Spring and Fall each year that is designed to accommodate campers with more complex seizure, medical, emotional, cognitive, and/or behavioral needs. Camp Firefly provides 1:1 staff to campers at The Woodlands campsite in Wexford, PA, a fully accessible camp for individuals with special needs.

Two separate sessions of Camp Firefly were held at The Woodlands. The Spring session was held April 27-29. The Fall session was held October 26-28, and was supported by a grant from Greenwich Biosciences.
**Oscar Project**

The Oscar Project is funded by the Michael R. Zupancic Seizure Response Dog Endowment Fund. The Zupancic Family established this endowment with the EAWCP to honor their son, Michael, and to help others living with epilepsy. The fund helps by providing guidance and financial support to children and adults diagnosed with epilepsy/seizures, who want to obtain specially trained dogs that provide assistance to seizure patients.

This year, a Reunion Picnic was held so that past and present recipients could enjoy time together and meet the Zupancic Family.

**Scholarships**

High school seniors in western and central PA who are living with epilepsy/seizure disorders, and who have been accepted into a postsecondary academic or vocational program applied for scholarships ranging from $1,000 to $1,500. In 2018, ten scholarships were awarded, totalling $10,500. Recipients were from Allegheny, Dauphin, Erie, Mercer, Snyder, and Westmoreland counties:

- Mia Belgie
- Tyler Dreher
- Grace Gilfert
- James Henry
- Megan Kelley
- Chelsea Bisi
- Austin Felicetti
- Jackson Hatfield
- Blake Johnson
- Teddy Kunkel

**Emergency Medication Assistance**

Knowing that medication stabilization is critical in the control of seizures, the EAWCP offers an Emergency Medication Assistance program. We can pay for a one-time 30 day supply of anti-seizure medications, while assisting patients to find alternatives for payment in the future.

**Emma’s Gift**

The Emma’s Gift: Movement Detection Monitor Grant Program, created in 2015, is a partnership between the Emma Bursick Memorial Fund and the EAWCP. Movement detection monitors can alert parents or caregivers when a person makes repetitive movements indicative of a tonic-clonic seizure. The grant provides a family in need with one of three monitors of their choice to lower their risk of Sudden Unexplained Death in Epilepsy (SUDEP).

**CareShare Respite Care**

In an effort to assist the primary caregivers of youth and adults who have uncontrolled seizures, the EAWCP offers a temporary respite care program. Participants can receive up to 25 hours of respite care per year from a trained service provider, paid for by the EAWCP.
Harrisburg Mini-Conferences
Two half-day conferences, held in March and November in Harrisburg, covered a variety of topics including benign infantile epilepsy, febrile seizures, genetics and epilepsy, epilepsy and medical marijuana, transitioning patients with epilepsy, and special education law.

Seminars/Webinars
Two webinars hosted by Neuropace were held. January’s topic was An Overview of Epilepsy and Various Treatment Options. July’s topic was Updates on Diet, Medication, and Medical Marijuana in the Treatment of Epilepsy.

An evening seminar that discussed understanding and improving access to care was held in Johnstown. This event included talks on Epilepsy 101 and Telemedicine and Transition. The event also featured a virtual reality experience, A Glimpse into the World of Jane.

A morning seminar held in Pittsburgh and geared toward case managers and direct care providers focused on Treatment Options for Adult Epilepsy Patients, and included a session on the patient perspective.

Living Your Life: Roadmap to Independence
A conference for youth with disabilities and their families was held in April in Cranberry Township. The event featured two keynote speakers who addressed how to ask for reasonable accommodations and budgeting for success. Youth developed interview skills and practiced them in mock interviews, while parents learned how to foster independence in their child and support them through transition.

Youth were able to put their new-found knowledge to the test two weeks later at our job fair, which was open to all individuals over the age of 16 living with a disability. In addition to the employers that job seekers could connect with, we provided a resume help table where people could request feedback on an existing resume or get help creating a new one.

Gateway Clipper
A cruise on the Gateway Clipper was held on a beautiful day in August and included an educational talk by Dr. James Valeriano, as well as time for socializing and relaxing. This year’s topic was Treatment Options, with a focus on medical marijuana.
Festival of Trees / Parade of Trees

We participated in two tree decorating events to help teach people about epilepsy during the holiday season.

At the Saint Vincent Festival of Trees in Erie, visitors were encouraged to interact with our tree via two red buttons, each of which changed the lighting on the tree to simulate what occurs in the brain when a seizure happens. Purple lights on the tree represented the basic functions of the brain which are not typically interrupted by seizures. White lights represented the messages sent by brain cells to control one’s thoughts, movements, and anything else the brain controls. Pressing the “generalized seizure” button would turn off all of the white lights, showing that generalized seizures affect the entire brain. Pressing the “partial seizure” button would only cause the lights in one section to go dark, because a partial seizure affects only one part of the brain.

Each year, the Parade of Trees is on display at the Radisson Hotel Harrisburg from Thanksgiving through the end of December. Our tree was covered with purple decorations in honor of the awareness color for epilepsy and featured ornament balls with our new logo.

Share Your Story Conference

The Share Your Story/PA Public Policy Conference is a two-day conference that trains individuals with epilepsy and their families how to be epilepsy advocates. Participants learn how laws in Pennsylvania affect people with epilepsy and how the money for epilepsy services is used. The day after the conference, participants travel to the State Capitol to visit all of the legislative offices and deliver a message on the importance of epilepsy funding and supporting all Pennsylvanians affected by epilepsy and seizures.

Supporting Families, Supporting You Conference

The Supporting Families, Supporting You Conference was designed to mimic the format of our popular annual conference for parents of children with special healthcare needs. This year’s full-day conference incorporated sessions appropriate for anyone impacted by epilepsy and also featured a series of panel discussions that covered topics like: Epilepsy, Emotion, and Cognition; Service Dogs; and Raising Awareness in Your Community.
Project School Alert

Project School Alert is a program that is comprised of a series of free seizure recognition and first aid trainings. Although the name of the program refers to outreach done in schools, these presentations are available for any community group that requests a training. Each student session is filled with age-appropriate content for children of any age group. There are also presentations that go more in depth for adults, ranging from school staff to specialized trainings for nurses or bus drivers. Presentations are also available for other community organizations.

My Not-So-Secret Seizures

Seeing a need to update the materials for our youngest audiences, this year we wrote a new children’s book called “My Not-So-Secret Seizures.” This story and its accompanying coloring book will be used for kids in preK through 3rd grade classrooms.

Seizure Smart Schools

We acknowledge schools in western and central Pennsylvania who have put a priority on teaching their staff and entire student body how to recognize and respond to seizures by presenting them with a framed certificate. This year’s “Seizure Smart Schools” included Connoquenessing Elementary (Renfrew) and Seton Hill Child Services (Irwin).

School Advocacy

Parents will always be the most passionate advocates for their children, but advocating on behalf of a child with special needs can be challenging. We help prepare parents for IEP and 504 Plan meetings and educate them about the rights of their child through the Americans with Disabilities Act (ADA) and the Individuals with Disabilities Act (IDEA). We also attend school meetings at the parents’ request or when the school wants to provide education to the IEP or 504 Plan team.

First Responders Training

When disaster strikes, it is important for first responders to be confident in how they react. We provide training to EMS and other emergency personnel to keep them up-to-date on the latest developments in the treatment of epilepsy and seizures, particularly new medical devices and treatment options like medical marijuana.

In addition to in-person trainings, we continued to offer an online course titled PA-EMS Understanding Epilepsy on the TRAIN PA website for EMS providers, which was approved by the PA Department of Health, Bureau of EMS for 1.5 hours of clinical core credit.
**Purple Party**

March 26th is designated World Epilepsy Awareness Day, or Purple Day, and we held our 5th Annual Purple Party to celebrate. We had karaoke singers, a purple spirit award, lunch buffet, and dancing.

**Picnics**

We hosted Family Picnics in Pittsburgh and Williamsport this fall. Families joined us for lunch and an afternoon of fun. Each picnic had a unique theme that inspired the crafts, entertainment, decorations, and activities.

In Pittsburgh, the picnic had a Rockstar theme and included karaoke and a DJ. The Williamsport picnic theme was Totally Awesome 80's and included retro trivia and our first ever boat ride down the Susquehanna River.

**Halloween**

Our Altoona and Harrisburg offices hosted Halloween Spooktaculars which included candy, crafts, and costumes.

**End of Year Holidays**

We hosted winter Holiday Parties for families in Altoona, Erie, Pittsburgh, and Harrisburg to celebrate the holiday season. Each party offered food, crafts, and a fun afternoon with friends. These parties also included a special visit from Santa and an opportunity to participate in our annual gift exchange.

**Zonne Fund Movie**

The Zonne Fund was established in memory of Mark Zonneveld to support fun activities for children and families living with epilepsy. Renting a movie theater for a private movie showing has become an annual tradition, and this year we hosted a record number of movie goers for a free showing of Ralph Breaks the Internet (Wreck-It Ralph 2). Families were treated to free popcorn and drinks and were given raffle tickets for a chance to win one of several door prizes.
Support Groups

Support group meetings are held monthly in Hershey, Johnstown, and York. These groups offered a chance for people to learn new things, as well as to connect and share their experiences. Topics included:

- **Person-Centered Counseling/Waiver Services**: What are they and how to enroll for free services in your home
- **Dealing with Medications, Doctors’ Visits, and Challenges**
- **Opening Doors, Changing Lives**: Service dog skills, training, and the application process
- **Epilepsy and Quality of Life**: Strategies for coping with a chronic health condition
- **An Overview of Pennsylvania’s Medical Marijuana Program**
- **Interacting with EMS**: Handling seizures from an EMS perspective
- **Relaxation Techniques**: Managing anxiety
- **Turning Lemons into Lemonade**: Dealing with life’s challenges
- **Who Moved My Cheese?**: Understanding our need for control
- **Change is Not Just Something You Get from McDonald’s**: Understanding and adapting to change in our lives
- **Communicating with Your Physician**: The importance of asking the right questions

Caring Café: A Parent Education Support Group

The first session of Caring Café was held in Pittsburgh. Guest speaker, Kristen Weidus, a special education attorney, spoke about common issues parents face with their student’s 504 Plan or IEP. Parents were engaged and shared information and tips with each other. A themed ‘mock’tail of virgin ‘IEPiña Coladas were paired with the event as well as cookies and cake. Additional topics will be covered in the future based on feedback from this first session.
The “Strategic Approaches to Improving Access to Quality Health Care for Children and Youth with Epilepsy” grant is a three year Health Resources and Services Administration (HRSA) grant that started in 2016. Funding from this grant supports the work of the EAWCP on activities including telemedicine, mHealth (mobile health), transition to adult healthcare, community education, and increasing the capacity of medical home and other pediatric primary care practices to support children and youth with epilepsy and their families.

Community Partnerships

The EAWCP has partnered with clinical sites to work on many of the HRSA grant activities. Our clinical site partners include:

- DLP-Conemaugh Adult Neurology, Johnstown
- Drexel University-St. Christopher’s Hospital for Children – Pediatric Primary Care, Philadelphia
- Drexel University-St. Christopher’s Hospital for Children – Pediatric Neurology, Philadelphia
- Keystone Health/Keystone Pediatrics, Chambersburg
- Pediatric Care Specialists of Johnstown, Johnstown
- Pediatric Specialists of Franklin County, Waynesboro
- WellSpan Adult Neurology, York
- WellSpan Health/WellSpan Neurosciences, York
- WellSpan Health/WellSpan Pediatrics – Queen Street, York

QuILT

The Quality Improvement Leadership Team (QuILT) is a group of individuals who work together to improve the quality and access to care that patients with epilepsy receive. This team includes neurologists, primary care physicians, families and teens affected by epilepsy, EAWCP staff, other community and statewide agencies, and clinical site partners.

The QuILT mentors, supports, and provides training and technical assistance to the clinical sites. This year, the EAWCP implemented a new format for the QuILT learning collaborative component which includes a formal presentation from a physician, other healthcare professional, or advocate.
Community Education

One of the goals of the HRSA grant is to serve 1,000 unduplicated children and youth with epilepsy over the duration of the grant. We are accomplishing this through direct clinical work with patients on transition; working with youth to help them determine how ready they are for healthcare transition; surveying youth, parents, and caregivers; and providing information through various educational events.

Telemedicine

WellSpan Pediatric Neurology, in York, has continued to take the lead on the expansion of telemedicine and practice level transition activities. Several new telemedicine/telehealth clinical sites have been established with the understanding that they will develop and integrate the Got Transition? Six Core Elements into their services. Sites that have purchased their telemedicine equipment and are scheduling pediatric patients with epilepsy for appointments include: WellSpan Pediatric Neurology; Keystone Pediatrics; Pediatric Specialists of Franklin County; Pediatric Care Specialists of Johnstown; DLP Conemaugh MMC Adult Neurology; and both Drexel University Pediatric Primary Care and Pediatric Neurology.

Transition

The Youth Leadership Summit was held April 14-15 at the Hilton Harrisburg Hotel. The program was for youth, ages 14-21, with a diagnosis of epilepsy/seizure disorder and a desire to build personal and leadership skills. Youth participated in leadership and skill building sessions throughout the weekend. At the end of the summit, each participant presented what they learned and their goals for the future.

The Take the NEXT STEPS: Learning to Walk Together and Alone conference was designed for youth, ages 14-21, with a diagnosis of epilepsy/seizure disorder and their parent or guardian, to navigate the journey of healthcare transition together. Attendees participated in large group skill-building sessions as well as small group break-out sessions throughout the weekend.

Partnering with our clinical site partners at Drexel University-St. Christopher’s Hospital for Children, we hosted a Halloween-themed Parent Resource Night in Philadelphia. Parents listened to presentations about healthcare transition while children, who were encouraged to come in costume, painted purple pumpkins and decorated trick-or-treat bags.

The Moving Up, Moving Out Movie Series paired a series of presentations about healthcare transition for youth and their families with free showings of blockbuster movies in theatres. The events were held in Pittsburgh, Altoona, and York and featured showings of Black Panther, Avengers: Infinity War, and Ant-Man and the Wasp.
24th Annual Mardi Gras Gala

The 24th Annual Mardi Gras Gala was held at the Westin Convention Center Pittsburgh on Fat Tuesday, February 13th. Randy Dearth, President and CEO of Calgon Carbon (at the time), was honored as King of the Mardi Gras. Calgon Carbon, PNC, and UPMC all sponsored the event at the $25,000 Fleur de Lis sponsor level.

Highmark Walk for a Healthy Community

The EAWCP participated in the Highmark Walk for a Healthy Community in both Johnstown and Erie again this year. These walks are subsidized by Highmark so all of the money raised by participants comes directly to the participating organization. While these events do not represent a large portion of our fundraising income, it is important for us to have a presence at these events to make the public aware of our programs in the region.

Pittsburgh Run

Saturday, July 28th brought the 30th Annual Pittsburgh Family Fun Run/Walk for Epilepsy to PNC Park on the North Shore in Pittsburgh. Over 2,000 people attended to raise funds and awareness for people affected by epilepsy. The festivities included breakfast, 5 scholarship presentations, prize and t-shirt distribution, the 5K run or 2 mile walk, tailgate party, music, bubbles, and the popular tribute garden which features pinwheel flowers planted in honor or memory of a loved one.

Harrisburg Run

The 16th Annual Harrisburg Senators Family Fun Run/Walk for Epilepsy was held at FNB Park on City Island in Harrisburg on August 11. The day consisted of breakfast, face painting and hair coloring, 3 scholarship presentations, the 5K run or 2 mile walk, encouragement from Harrisburg Cheerleaders, and a tailgate party featuring hotdogs, fruit and sno-cones.

Other Events

The 3rd Annual Mason Langford Memorial Golf Outing was held on May 20th, in Export PA, and raised $18,545. Funds raised at this event will support the Mason Langford Memorial SUDEP Learning Center on our website, as well as additional programs.

The 13th Annual Julie McCormick Wiffleball Tournament was held April 7th and 8th in Indiana County. The 30 teams raised $17,412 to help support programs and services.
The EAWCP depends on the goodwill of our supporters to fulfill our mission. People who believe in the work we do, give to support our mission.

**One Time or Recurring Donations**
Consider a cash, check, or online donation to honor or memorialize a loved one or to celebrate a special event.

**Gift Matching**
Many employers offer gift matching up to 100% of your personal gift. Check with your HR Department to see if your gift can be matched.

**Corporate Giving**
Gifts from businesses and foundations in the region allow us to grow and expand the reach of our programs and services. We look forward to discussing corporate philanthropy options with you.

**Plan Your Legacy Gift**
Legacy Gifts from individuals who believe in the mission, passion, and leadership of the EAWCP will provide a base of financial stability on which to build the future. Call 412-322-5880 to set up a meeting. We can explore different gift options, and help you to decide if it is more beneficial to give immediately or through other giving strategies.

Meet with your professional advisor to discuss the materials and documents we provide, and encourage them to call us when drafting your charitable giving plans.

**Workplace Giving**
Your employer may participate in a national workplace giving program, which allows you to designate automatic gifts from your pay:
- **PA State Employees Combined Appeal (SECA): 2000-001**
- **Combined Federal Campaign (CFC): 99717**
- **United Way: See below or check with your campaign manager for the EAWCP donor number in your area**
  - **United Way Southwestern PA: 288**
  - **United Way Capital Region: 10070**

**Planned Giving**
You can make a lasting gift to the EAWCP by including us in your estate plan. The simplest way is to include us in your will, but there are many options available.
*Numbers are from the EAWCP 2017-2018 Fiscal Year. Revenues and Expenses are reported on a fiscal year, not calendar year basis. Our fiscal year ends June 30. Audited financial statements and 990 are available on our website at www.eawcp.org.

The Epilepsy Association of Western and Central PA actively seeks diversified sources of income to support our programs. Individual and corporate donations, as well as special events fundraising, are critical to the long-term success and sustainability of the EAWCP.
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<td>Hershey Support Group</td>
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<tr>
<td>4</td>
<td>York Support Group</td>
</tr>
<tr>
<td>6</td>
<td>Fall Picnic and Susquehanna Boat Ride, Williamsport</td>
</tr>
<tr>
<td>17</td>
<td>Disability Mentoring Day, Pittsburgh</td>
</tr>
<tr>
<td>23</td>
<td>Family Resource Night, St. Christopher’s Hospital, Philadelphia</td>
</tr>
<tr>
<td>25</td>
<td>Halloween Spooktacular, York</td>
</tr>
<tr>
<td>26-28</td>
<td>Camp Firefly, Wexford</td>
</tr>
<tr>
<td>31</td>
<td>Johnstown Halloween Party</td>
</tr>
<tr>
<td><strong>November</strong></td>
<td></td>
</tr>
<tr>
<td>17</td>
<td>Harrisburg Mini-Conference, York</td>
</tr>
<tr>
<td>17</td>
<td>Supporting Families, Supporting You Conference, Pittsburgh</td>
</tr>
<tr>
<td>20</td>
<td>St. Vincent Festival of Trees, Tree Decorating (on display November 23-25), Erie</td>
</tr>
<tr>
<td>20</td>
<td>Parade of Trees Decorating (on display through December), Harrisburg</td>
</tr>
<tr>
<td>28</td>
<td>Johnstown Support Group</td>
</tr>
<tr>
<td><strong>December</strong></td>
<td></td>
</tr>
<tr>
<td>4</td>
<td>Hershey Support Group</td>
</tr>
<tr>
<td>6</td>
<td>York Support Group</td>
</tr>
<tr>
<td>8</td>
<td>Harrisburg Holiday Party, Mechanicsburg</td>
</tr>
<tr>
<td>8</td>
<td>Zonne Fund Movie Event – Ralph Breaks the Internet, Pittsburgh</td>
</tr>
<tr>
<td>9</td>
<td>Erie Holiday Party</td>
</tr>
<tr>
<td>12</td>
<td>Johnstown Holiday Party</td>
</tr>
<tr>
<td>15</td>
<td>Pittsburgh Holiday Party</td>
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**365 DAYS**

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>3</td>
<td>Offices</td>
</tr>
<tr>
<td>14</td>
<td>Neuropace Webinar: Diet, Medication and Medical Marijuana in the Treatment of Epilepsy</td>
</tr>
<tr>
<td>28</td>
<td>Epilepsy and Technology Seminar, Johnstown</td>
</tr>
<tr>
<td>45,463</td>
<td>Miles traveled</td>
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**TO PROVIDE**

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>4</td>
<td>Camps</td>
</tr>
<tr>
<td>10</td>
<td>Family events</td>
</tr>
<tr>
<td>23</td>
<td>Education events</td>
</tr>
<tr>
<td>25</td>
<td>Support group meetings</td>
</tr>
<tr>
<td>192</td>
<td>Seizure recognition &amp; first aid presentations</td>
</tr>
<tr>
<td>8,677</td>
<td>Non-event related interactions with clients</td>
</tr>
<tr>
<td>46,202</td>
<td>Newsletters mailed</td>
</tr>
</tbody>
</table>
2018 marks a bittersweet year for me, as it ends my service as the Chair of the EAWCP Board of Directors. It has been my great honor to serve this wonderful organization. I especially want to thank my fellow board members for their help.

I am so proud of the impact of the Epilepsy Association of Western and Central PA (EAWCP). The staff pride themselves on providing top-notch programs, services, and events. The community of people supporting them is truly amazing: board members past and present, corporate partners, doctors, and other medical personnel, pharmaceutical companies, volunteers, donors, and even the families that we are serving. Each one of you makes an impact in a small nonprofit like ours.

As we strive in the new year to provide more relevant programs and services while increasing awareness about epilepsy and seizure disorders, you can help!

Consider making 2019 the year YOU get involved.

- **Contact us** with questions about your epilepsy at 1-800-361-5885
- **Learn more** about epilepsy at www.eawcp.org
- **Encourage** your school or workplace to host a seizure recognition and first aid training
- **Educate** everyone in your school or workplace and become Seizure Smart
- **Make a donation** in cash, by check, or online at www.eawcp.org/give/give.xml
- **Sign up** for our mailing list by emailing staff@eawcp.org to receive our newsletter and invitations to educational and social events in your area
- **Meet others** who care as much as you do on our Facebook, Instagram, and Twitter pages
- **Participate** in our fundraising events by sponsoring a table at Mardi Gras, choosing from one of our 4 run/walks, supporting a third-party event, or hosting your own – contact our Special Events Coordinator at 1-800-361-5885
- **Remember** the EAWCP in your will or estate plan – call our Development Officer at 1-800-361-5885 to find out how

Let’s make 2019 a year to remember!

*Deborah L. Rice-Johnson*
EAWCP Board Chair